

**ABSTRACT****TRANSMISSION CONTROLS ON E-MAILS**

The invention provides a method of communicating an e-mail text message, over a network from a user terminal (PC1, MOB) to an  
5 intended recipient terminal (PC2) at a remote location, the method comprising the steps of:

- (a) the user terminal (PC1, MOB) specifying a confidential message store address of a server WS1 that is capable of being accessed by the recipient computer via the network;
- 10 (b) the user computer transmitting the text message to the store address to reside therein; and
- (c) the user terminal (PC1, MOB) transmitting a notification over the network to the recipient, the notification incorporating the selected store address and an instruction to the intended recipient to  
15 communicate with the store address.

The recipient terminal on opening up the e-mail accesses the store address to retrieve the e-mail.

**Figure 2**

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